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Patent claims

1. A supporting device for a person's back and head area, with a back support section and with a head support section, characterized in that, in a supporting position, a partial area of the back support section (2 to 2n) has, at the level of shoulder blade areas of the back area, a support surface (4 to 4n) in a spinal column area and, on both sides of the support surface (4 to 4n), open areas (3 to 3n) which are configured in such a way that the shoulder blade areas can move downward past the support surface.  
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- 15 2. The supporting device as claimed in claim 1, characterized in that the head support section (5 to 5n) and the back support section (2 to 2n) are separate structural parts which can be fitted to each other for the supporting position, forming  
20 the open areas (3 to 3n).
3. The supporting device as claimed in claim 1, characterized in that the open areas are formed by laterally open recesses (3 to 3n) of the back support section (3 to 3n).  
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4. The supporting device as claimed in claim 3, characterized in that the recesses (3) can be closed by detachably or movably arranged cover elements (29 to 29b).  
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5. The supporting device as claimed in claim 1, characterized in that the back support section (2) and the head support section (5) are integrated in a rigid support unit (1).  
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6. The supporting device as claimed in claim 5, characterized in that the rigid support unit (1)

is arranged to be movable between an in particular vertical rest position and an in particular horizontal supporting position.

- 5    7. The supporting device as claimed in claim 6,  
characterized in that the head support section and  
the back support section are mounted relative to  
one another so as to be able to be moved between  
the rest position and the supporting position by  
10      guide means (21, 22, 23, 28, 31).
- 15    8. A home or workplace furniture item or leisure  
item, characterized in that a supporting device as  
claimed in one of the preceding claims is  
provided.
- 20    9. The home or workplace furniture item or leisure  
item as claimed in claim 8, configured as a seat  
and/or couch.
- 25    10. An add-on unit with a head support section and a  
spacer part and with at least one connection  
element for securing the add-on unit to a surface  
part, the spacer part being configured as a  
support surface for a spinal column area, and the  
securing being done such that the surface part as  
back support section serves for the overall  
creation of a supporting device as claimed in one  
of the preceding claims 1 through 7.